



Monthly Laboratory Theme:

Cardiovascular Diseases

Heart disease can seriously affect our health, but it can be prevented. Avoiding unhealthy habits, such as smoking, and adopting a healthy lifestyle that includes an appropriate diet and moderate physical activity, is the first step towards keeping your heart healthy. And **checking your blood pressure, having an ECG and specific blood tests regularly** is essential to promptly identify any anomalies.

Check your Heart with the Affidea|CDC Check-Up

With no letter from your doctor.

- **Blood Tests**
- **Blood Sugar**
- **Creatinine**
- **Total Cholesterol**
- **HDL Cholesterol**
- **Triglycerides**
- **Sodium**
- **Potassium**
- **ECG**
- **Blood Pressure**

If the results are outside the acceptable range, contact your GP.

THE MONTH
OF APRIL

50€

Cod.CDC175

Laboratory Technical Manager Dr. Rosanna Valinotto, Biologist specialised in General Pathology.

Authorised NHS Centres

NHS APPOINTMENTS: 011-5513444

Torino Centro
Torino Centro
Torino Centro
Torino Lingotto - Nuclear Medicine
Torino Lingotto
Torino Mirafiori
Torino Mirafiori
Torino Rebaudengo
Torino San Donato
Torino San Paolo
Torino San Salvario - MAP and Day Surgery
Torino Valdocco
Torino Vallette Lucento
Moncalieri
Rivoli
Settimo Torinese
Venaria Reale
Volpiano
Asti
Cuneo
Novara
Vercelli

Via Cernaia 20
Via Antonio Fabro 12/b
Via Raimondo Montecuccoli 5/f
Via Onorato Vigliani 89
Corso Benedetto Croce 29
Strada del Portone 61
Via Don Grazioli 11/a
Via Arborio 10
Via Livorno 38/d
Via Pollenzo 5/b
Via Federico Menabrea 14
Corso Regina Margherita 136
Corso Toscana 139/1
Via Martiri della Libertà 9
Corso Francia 10
Via Cavour 38
Via Canale 25
Vicolo San Francesco 1
Corso Galileo Ferraris 4/a
Piazza Duccio Galimberti 4
Via Giovanni Gnifetti 22
Piazza Solferino 2

Private Polyspecialist Centres

PRIVATE APPOINTMENTS: 011-5513402

♥ Torino Centro
Torino Valdocco
Moncalieri
Rivoli
Settimo Torinese
Alessandria
Casale Monferrato
♥ Asti
♥ Biella
Biella
♥ Cuneo
♥ Novara
♥ Verbania
♥ Vercelli

Corso Galileo Ferraris 36
Corso Regina Margherita 136
Via Martiri della Libertà 11
Corso Francia 10
Via Cavour 38 a
Corso Cento Cannoni 8
Viale Ottavio Marchino 28/d
Via Ferdinando Gabotto 4
Via Antonio Bertodano 11
Via Pietro Volpi 2
Piazza Duccio Galimberti 4
Via Guglielmo Marconi 15/e
Via Sergio Bocci 11
Piazza Solferino 2

♥ Centres with **CHILDREN'S CLINIC**



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